

AJAX SENIORS' CLUB

St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 116

Editor Doug Bolduc (905) 419-3783

Newsletter for January 2025

Inside this Issue:

Editor's Notes

**Mark Your
Calendar**

Club Info

**Message from
your Presidents**

Library News

Town of Ajax

Birthdays

- Happy New Year everyone. 2025 looks to be a much better year for us than the last few years.
- We will be signing up the 2025 memberships starting on Jan 2 at the beginning of each activity session for the first 2 weeks. If needed we will continue for the third week. The cost will be \$20. Many thanks to Dianne Hussey, Jan Herbert and Don Norheim for their time and effort in organizing this.
- With the 2025 Executive in place, further in the Newsletter, is an updated "WHO TO CALL" list.

If you find yourself feeling useless, remember it took 20 years, trillions of dollars, and four presidents to replace the Taliban with the Taliban.

MARK YOUR CALENDAR

- * Jan 1st New Year's Day
- * Jan 8th Monday Night Euchre starts
- * Jan 14th Tuesday Exercise class starts at 1:45 pm
- * Jan 17th Friday Exercise class starts at 1:30 pm
- * Jan 18th Coordinators Meeting at 12 pm in St. Andrew's games room.

CLUB INFO

- The position of Event Director is still open! If anyone is interested at all, please speak to Jan Herbert.
- A Valentines Luncheon is being planned for Sat. Feb 15. Details will follow.
- The Seniors Sit/Stand Exercise Class, Winter session, will begin again January 14 and 17 of this new year 2025. There will be two classes per week Tuesday at 1.45pm and Friday at 1.30pm. The classes take place in the Main Hall of the St Andrew's Friendship Centre. The classes are led by excellent professional Fitness Instructors in a safe, comfortable, non-judgemental and inclusive atmosphere.
Put on your running shoes and come out for some invigorating movement to keep your body tuned up and your heart pumping.

MESSAGE FROM YOUR PRESIDENT

- A happy New Year to everyone. I hope everyone had a nice rest and was able to spend time with family and friends.
- Let's start off the new year with a shout out to the Coordinators who help to run your club!! Without the support of these people, the centres would look a lot different.
- We are holding a Coordinators' meeting at noon on Saturday the 18th of January in the St. Andrew's games room as we have a few new people in this role. Also, there have been a few changes to their job responsibilities to discuss.
- The 2025 membership sign up is in full swing. Remember, when you sign up, you receive a new pen with the two Seniors' Centres' phone numbers listed on it.
- We have also added a couple of new activities to both locations. Check out the new schedule. If there are other activities that you would like to see at the club, speak to the Activity Manager at either location.
- 2025 is going to be an interesting year as we will be having more meetings with the staff from the Town. I am sure there will be some changes that we are all looking forward to and some that may require getting used to. As soon as we are able, we will pass on any information on both the website and in the newsletter.
- Looking forward to seeing all in the coming months.

FRASER GRANT (289) 200-4800

Me, sobbing: "I can't see you anymore. I'm not going to let you hurt me again."

My Trainer: "It was one sit-up."

As I've grown older, I've learned that pleasing everyone is impossible, but annoying everyone is a piece of cake.

As I've gotten older, people think I've become lazy. The truth is I'm just being more energy efficient.



WHO TO CALL – 2025

General information, request to be on Board meeting agenda, Sunday special bookings, Communicate with Town staff.	Fraser Grant	289.200.4800
Security issues; locks, keys	Jan Herbert	905.903.3537
Issues re: St Andrews Activities	Don Norheim	647.394.3529
Issues re: Village Activities	Lori Mitchell	416.702.8957
Memberships	Dianne Hussey	905.427.4244
Financial Matters	Dave Snea	905.409.5270
Death of a member or spouse	Rocco Rossi	905.619.9402
Get well/Thank you cards	Coordinators of each activity	
Newsletter/ Web info	Doug Bolduc	905.391.2010

INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

Moninder Nahar-Arjun,
Town of Ajax, at 905-619-2529 ext. 7243.

The SCWW January Calendar is on the Events page of the website or you can visit. https://view.publitas.com/ajax/january-2024-scww_newsletter_template/page/2

AJAX LIBRARY PROGRAMS

For a full list of January Library Programs, please visit: <https://ajaxlibrary.ca/whatson>.

Julia Campbell,
Adult Services Librarian
E: julia.campbell@ajaxlibrary.ca | P: 905-683-4000 ext. 8809



Birthdays for the Month of January

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>	<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
535	CAROL DAVIS		1-Jan	454	SUSAN DESCHENES		15-Jan
706	GENE BURNS	HN	1-Jan	462	YVONNE GONSALVES		15-Jan
666	MARLENE PLOURDE		1-Jan	475	AUDREY KIRBY	HN	16-Jan
28	STEPHEN BARRETT	HN	1-Jan	607	IRENE KENNEDY		16-Jan
248	BERT CONNOLLY		2-Jan	348	JERRY JUNG		16-Jan
385	BRENDA SPEARS		2-Jan	174	LEE-ANNE McALLISTER		16-Jan
495	ROSE SOOD		2-Jan	80	GAIL SWEET		18-Jan
546	XIAO LING HE		2-Jan	112	PATRICIA MEEK		18-Jan
335	GALE HART		3-Jan	232	SUE MALLINSON		18-Jan
93	HELEN TURNER	HN	3-Jan	288	CAROL COLLINS		20-Jan
246	ROBERT HANLY		3-Jan	529	DOUGLAS BROWN		20-Jan
426	CINDY GIBSON		4-Jan	605	BARBARA FISHER		22-Jan
590	CHARLOTTE OXENHOLM		5-Jan	371	MARYANN MACLEOD		22-Jan
37	DONNA CARTER		5-Jan	68	ADA LAROCK		23-Jan
154	FRANK HEARNS		5-Jan	146	FABIOLA TUDOS		23-Jan
48	JUDY ROGERS		5-Jan	395	JOANNE ROMANO		23-Jan
463	EMILIANA D'SOUZA		6-Jan	662	MYRA LODER		23-Jan
438	PAM BRYAN		6-Jan	65	VALENTINA LARIONOVA		23-Jan
162	SHARON CASTELLARIN		6-Jan	286	CHERYL McARTHUR		24-Jan
748	NORM LEBRUN		7-Jan	435	JULIE O'LINK		24-Jan
673	MARJORY ROBERT		8-Jan	94	PATRICIA LUTMAN		24-Jan
492	SANDRA NORTHRUP		8-Jan	696	USHA SHAH		24-Jan
314	WENDY BEDWELL		8-Jan	165	ASGAR KADINA		25-Jan
245	ANDY RISMAN		9-Jan	180	JANICE PEREGO		25-Jan
85	EVA STORCK		9-Jan	107	SANDY GRAY		25-Jan
740	MAZHAR KHAN		9-Jan	347	URSULA SILBERMANN		25-Jan
163	RENZO CASTELLARIN		9-Jan	523	CAROL LALONDE		26-Jan
115	JANE WILSON		10-Jan	144	HELEN LOVE		26-Jan
303	BONNIE RICHARDS		11-Jan	344	BILL HENDERSON		27-Jan
674	GINGER DICK		12-Jan	474	DONNA DEZOETEN		27-Jan
508	JANICE SNETSINGTER		12-Jan	489	PATSY GAWLEY		27-Jan
244	JUDY DENBY		12-Jan	29	GERRY KERSTENS	HN	28-Jan
623	JULIA BOGOJEVIC		12-Jan	330	PAT DOWNS		29-Jan
675	KUMAR PANDYA		13-Jan	167	GARRY BRISBANE		30-Jan
527	LISE PARADIS		13-Jan	434	MOYRA OSNACH		30-Jan
116	GREG CASQUENETTE		14-Jan	393	JIM PSIHOGIOS		31-Jan
602	LYNNE ABOUD		14-Jan	639	LEIGH WALSH		31-Jan
387	MELVYN DOUGLAS		14-Jan				