

# AJAX SENIORS' CLUB

## St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

## Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 114

Editor Doug Bolduc (905) 391-2010

Newsletter for November 2024

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• Happy November to everyone. I hope you've been enjoying this wonderful weather which seems more like September.

### • **Let Us Never Forget Nov. 11**

Find your moment – honour those who have served and show thanks for their sacrifice.

You can pay tribute to our veterans and active service members by wearing a poppy and observing a moment of silence at 11 a.m.

• As most of you know, our President, Fraser Grant, has not been well for the past few weeks. Thanks to the excellent handling by our Vice-President, Jan Herbert, our club has carried on smoothly. However, this is extra strain on Jan and it can't carry on forever. We wish Fraser a speedy and full recovery so that the 2 of them can get back to running the club in their highly efficient manner.

## MARK YOUR CALENDAR

- \* Sun. Nov 3<sup>rd</sup> Time Change – fall back one hour.
- \* Mon. Nov 11<sup>th</sup> Remembrance Day
- \* Thur. Nov 28<sup>th</sup> U.S. Thanksgiving
- \* Fri. Nov 29<sup>th</sup> U.S. Black Friday
- \* Sun. Nov 24<sup>th</sup> **St. Andrew's Annual General Meeting, 1pm, St. Andrew's Main Hall**

## CLUB INFO

**From the Nominations Committee:** It is very disappointing that out of a possibility of over 800 members, we've only received one application form for the position of activity director/manager. The **Event Director and Newsletter Editor positions** are still vacant. We urge someone from our membership to apply for these positions. If they stay vacant, it will have a negative impact on club events. If you are interested in these positions, please contact Jan, the vice-president at (905) 903-3537 or Rocco at (905) 619-9402

### • **Lunch & Learn – Estate Planning**

Date: Tuesday November 19, 2024

Time: 11 am to 1 pm

Location: Pickering Village Senior Centre - 29 Linton Ave. Ajax, ON

- **Line Dancing** Every Thursday

1-2.30pm Intermediate

3-4pm Beginner

To try out a class, call the Coordinator Maureen at 905-837-3251

- **Christmas Tea** – Dec 13 – Tickets \$30

Last year's Christmas Dinner was cancelled due to lack of interest. The Executive will review the possibility of a Christmas Tea or Dinner at this month's meeting. The coordinators have been asked to discuss it with their groups if there is any interest. At this point, there doesn't appear to be.



### MESSAGE FROM YOUR PRESIDENT

- Rocco and John, the Seniors' Club's Directors w/o Portfolio are looking after this year's Board of Directors nominations. Their message is in the previous Club Info section.
- The Annual General Meeting (AGM) is on Sunday the 24<sup>th</sup> of November at St. Andrew's Main Hall. Start time is 1 pm so please mark this in your calendar. We will be discussing the members that are nominated to join the board for 2025.
- As you are all aware I have been off for a while so I want to thank Jan Herbert, our Vice President, for stepping up. Filling in is never an easy thing to do but she did it with grace and, in some cases, made it look easy, Well Done Jan!
- The nomination papers are now removed from the bulletin boards at both locations, I believe we are still looking for an Event Director and Newsletter Editor. We will be discussing what is required to happen moving forward as we do still want to run some events.
- I will remind everyone this is the time of year when the flu bug is going around. If you are not feeling well, you should stay home for a day to make sure you don't pass on any flu like conditions to your friends and members.
- Once more, mark your calendar, Sunday the 24<sup>th</sup> of November for the AGM.

Thanks for now.

**FRASER GRANT** (289) 200-4800



### In Flanders Fields

In Flanders Fields, the poppies blow  
 Between the crosses, row on row,  
 That mark our place, and in the sky  
 The larks, still bravely singing fly,  
 Scarce heard amid the guns below.

We are the dead. Short days ago  
 We lived, felt dawn, saw sunset glow,  
 Loved and were loved, and now we lie,  
 In Flanders Fields.

Take up our quarrel with the foe:  
 To you from failing hands we throw  
 The torch: be yours to hold it high.  
 If ye break faith with us who die,  
 We shall not sleep, though poppies grow  
 In Flanders Fields

John McCrae 1872-1918

### INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

**Moninder Nahar-Arjun,**  
 Town of Ajax, at 905-619-2529 ext. 7243.

*Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?*

*Why did you just try singing the two songs above?*

## [AJAX LIBRARY PROGRAMS](#)

### **Healthy and Cost-Friendly Meal Ideas**

Thursday November 7, 6:30-7:30pm

Ajax Public Library, Main Branch

Registration Link: <https://ajaxlibrary.ca/node/2694>

Share ideas for healthy, cost-friendly meals and how to use leftovers to ensure the food we buy is not wasted. Presented in partnership with the Durham Region Health Department.

### **Protecting Your Privacy and Security Online: A Workshop for Seniors and Their Families**

Tuesday November 12, 1:30-3:30pm

Ajax Public Library, Main Branch

Registration Link: <https://knowledgeflow.org/event/protecting-privacy-and-security-online/>

Discover practical advice and simple steps to help you safeguard your personal information and prepare for any sudden changes in circumstances that might require others to assist with your online activities. Topics covered include recognizing common online scams, password management, safe browsing practices, privacy settings, and planning for the unexpected.

### **Mobile ID and Benefits Hub Access**

Saturday November 16, 11:00am-4:00pm

Ajax Public Library, Drop-In

Get help accessing benefits that may put money in your pocket. Organizations will be onsite to help you:

Open a Registered Education Savings Plan (RESP) and apply for the Canada Learning Bond to access free money for post-secondary school.

- Get a Social Insurance Number (SIN), birth certificate, and other forms of identification.
- Get your taxes filed to unlock benefits you may be eligible to receive. Must have a modest income and simple tax situation. To register for the tax clinic, contact Julia Campbell at 905-683-4000 x8809 or [Julia.Campbell@ajaxlibrary.ca](mailto:Julia.Campbell@ajaxlibrary.ca)
- Sign up for the new Canadian Dental Care Plan.
- Learn about the Energy Affordability Program (EAP) and the Home Winterproofing Program (HWP), free programs to improve your household's energy efficiency and help lower energy costs for income-eligible families.

For a full list of Library Programs, please visit: <https://ajaxlibrary.ca/whatson>.

**Julia Campbell** (she/her) Adult Services Librarian

**E:** [julia.campbell@ajaxlibrary.ca](mailto:julia.campbell@ajaxlibrary.ca) | **P:** 905-683-4000 ext. 8809

*If electricity comes from electrons, does morality come from morons?*

Birthdays for the Month of November

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>	<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
537	DAPHNE JANSZ		1-Nov	150	MARGO KENNEDY		18-Nov
251	IRENE MONDOUX		1-Nov	572	DIANE GORDON		19-Nov
345	GEORGE BIRNIE		2-Nov	679	FERNANDO HIROMA		19-Nov
338	WAYNE SMITH		3-Nov	9	MICKEY MANN		19-Nov
747	BETTY GRANT	HN	5-Nov	425	ENID YEARWOOD		20-Nov
60	CLIFFORD DEVANATHAN		7-Nov	281	DEBORAH BAKER		21-Nov
455	MARY TAYLOR		7-Nov	368	DENNIS SCHMELZER		21-Nov
447	SIMONE VIEIRA		7-Nov	512	ANN WAUGH		22-Nov
350	CARMINE STANco		8-Nov	742	JANICE FORTIN		22-Nov
287	KATHY GADZIOLA		8-Nov	109	VERNA METCALFE		23-Nov
187	MARIA PALMIERI		8-Nov	453	AMAR LUTHRA		24-Nov
164	AMY KUNG GORMAN		9-Nov	699	GAJENDRA DAVE		24-Nov
129	GAILE STATKUS		9-Nov	292	NANCY CAMERON-OATES		24-Nov
73	JANET KAMINSKY		9-Nov	340	RONALD BAILEY		24-Nov
460	BEV WETMORE		10-Nov	204	SYLVIA PRABHU		24-Nov
238	SONIA OSTROFF		10-Nov	59	CINDY COLE		25-Nov
549	DONG XIANG LIU		11-Nov	265	RINIE CANTALINI		25-Nov
591	GEORGE OXENHOLM		12-Nov	243	GEORGE CREIGHTON		26-Nov
430	JUDY BALFOUR		14-Nov	179	MARIANNE WACHHOLZ		26-Nov
79	MAUREEN STEPHEN		14-Nov	156	PATTI JOHNSTONE		26-Nov
439	CAROL BREBANOV		15-Nov	145	ANETTE KNUDSEN		29-Nov
23	CATHERINE QUINLAN		15-Nov	215	CAROL MILLER		29-Nov
373	SANDI IESALNIEKS		15-Nov	295	LORETTA LEWIS		29-Nov
620	ANTONIA DA RE	HN	16-Nov	372	BARBARA TWINER		30-Nov
328	JOANNE LAVERY		16-Nov	574	CHRIS WHITTAKER		30-Nov
15	ROSE LAZARUS		16-Nov	600	DEBBIE HOFFMAN		30-Nov
250	MICHAEL CONNOLLY		17-Nov	580	LYNDA CREIGHTON		30-Nov
774	TIAN CHI LI		17-Nov	255	NUNO MONIZ		30-Nov
638	IRENE HAYES		18-Nov				

*Why do doctors leave the room while you change??? They're going to see you naked anyway.*

*Why is "bra" singular and "panties" plural?*

*If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?*

*If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?*

*a-n-d*

*HOW DID THE MAN WHO MADE THE FIRST CLOCK KNOW WHAT TIME IT WAS?*



*Why do peanuts float in a regular Coke and sink in a Diet Coke? Go ahead and try it...*

*I used to eat a lot of natural foods until I learned that most people die of natural causes.*

*How important does a person have to be before they are considered assassinated instead of just murdered?*

*Why do you have to "put your two cents in"... but it's only a "penny for your thoughts"? Where's that extra penny going? (taxes?)*

*Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?*

*What disease did cured ham actually have?*

*How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?*

*Why is it that people say they "slept like a baby" when babies wake up like every two hours?*